

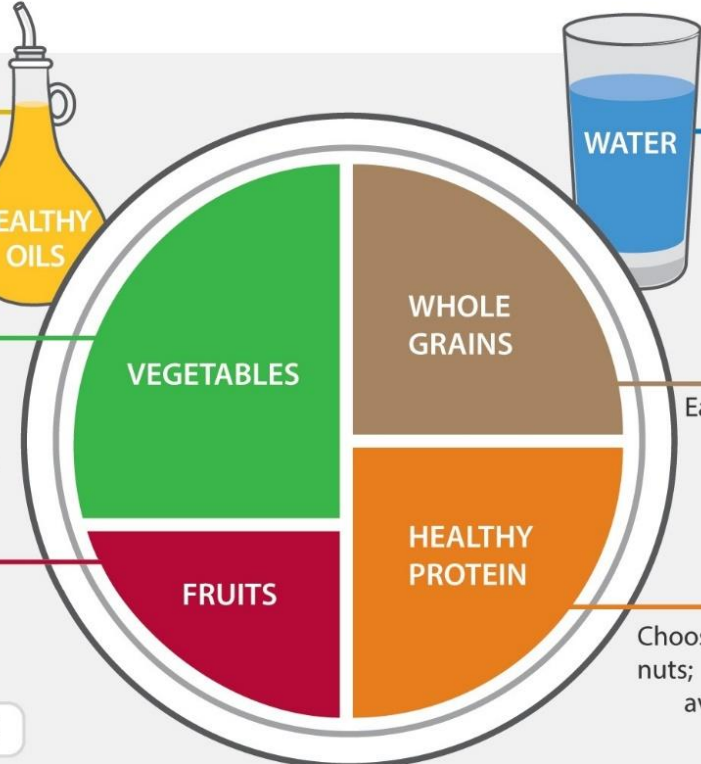
Presentation with Infographics

In pairs select one infographic. Study the information carefully

Make a short presentation on the topic of your infographic using Comparative and Superlative forms. You can include your personal ideas and opinions as well as the information in the graphic.

Try to use some the modifiers like “*slightly better*” or “*a great deal more*” as well as other expressions such as “*the bigger the better*” or “*by far the most*”

HEALTHY EATING PLATE



HEALTHY OILS
Use healthy oils (like olive and canola oil) for cooking, on salad, and at the table. Limit butter. Avoid trans fat.

WATER
Drink water, tea, or coffee (with little or no sugar). Limit milk/dairy (1-2 servings/day) and juice (1 small glass/day). Avoid sugary drinks.

VEGETABLES
The more veggies – and the greater the variety – the better. Potatoes and French fries don't count.


WHOLE GRAINS
Eat a variety of whole grains (like whole-wheat bread, whole-grain pasta, and brown rice). Limit refined grains (like white rice and white bread).


FRUITS
Eat plenty of fruits of all colors.

HEALTHY PROTEIN
Choose fish, poultry, beans, and nuts; limit red meat and cheese; avoid bacon, cold cuts, and other processed meats.

STAY ACTIVE!

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 Harvard T.H. Chan School of Public Health
The Nutrition Source
www.hsph.harvard.edu/nutritionsource

Harvard Medical School
Harvard Health Publications
www.health.harvard.edu 

WORLD'S TOP LANGUAGES

There are 6,900 spoken languages, but 3 out of 7 billion people on earth

SPEAK ONE OF THESE 10 LANGUAGES



Out Of Them In The Top 10 Languages Used

ON THE INTERNET

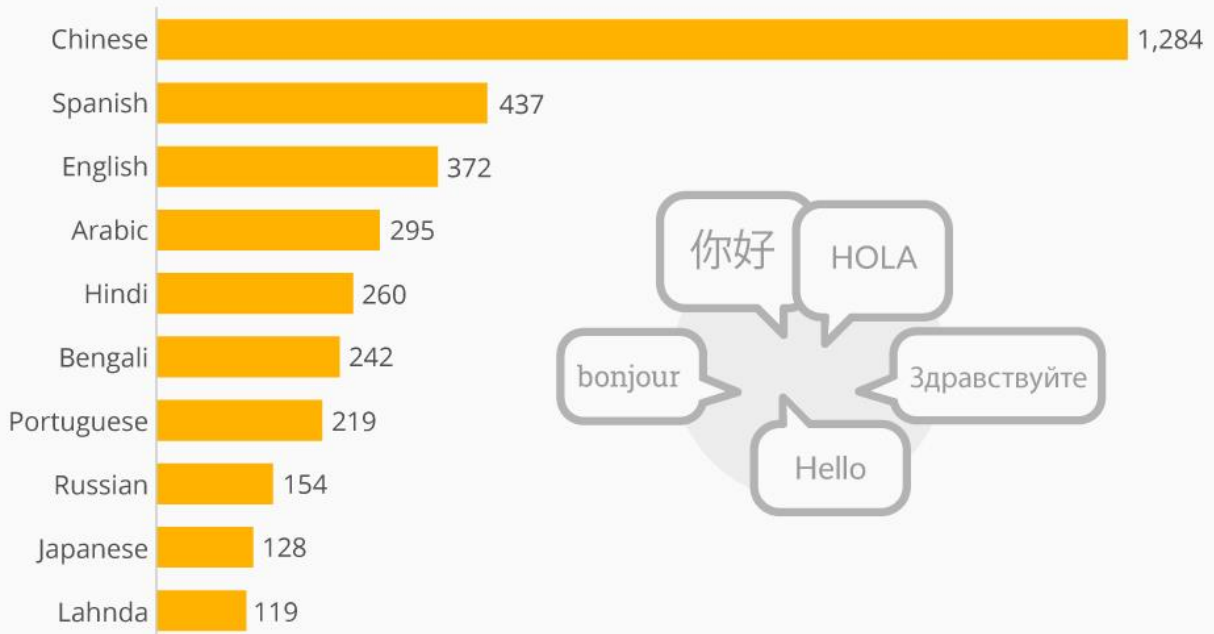


www.languagenobar.com



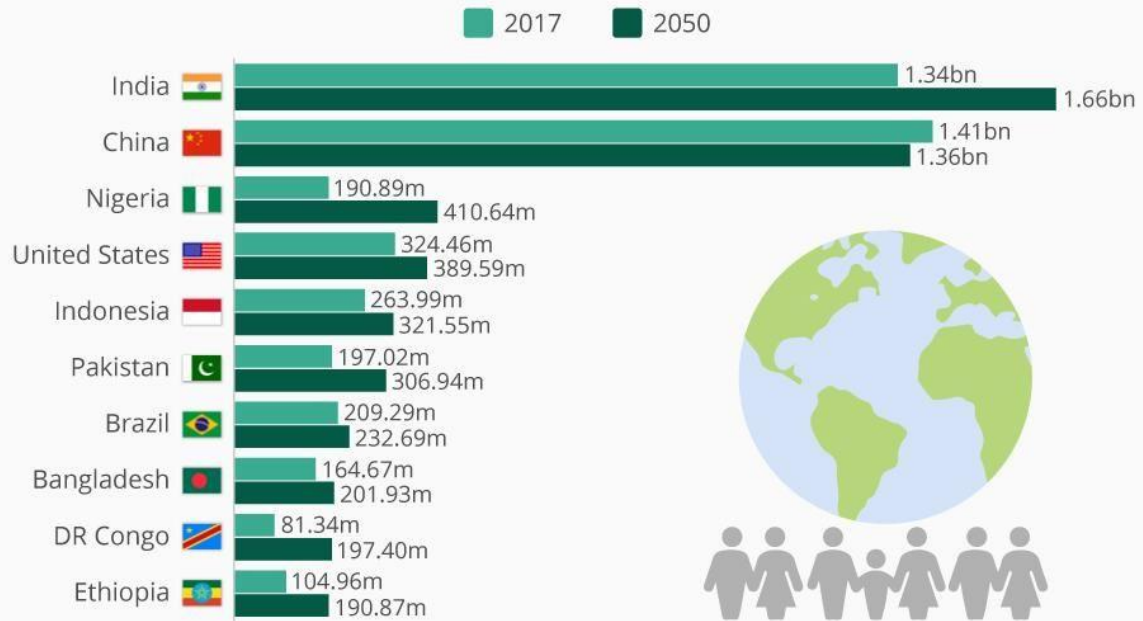
The World's Most Spoken Languages

Estimated number of first-language speakers worldwide in 2017 (millions)*



The World's Most Populous Nations In 2050

Population in 2017 and forecast for 2050

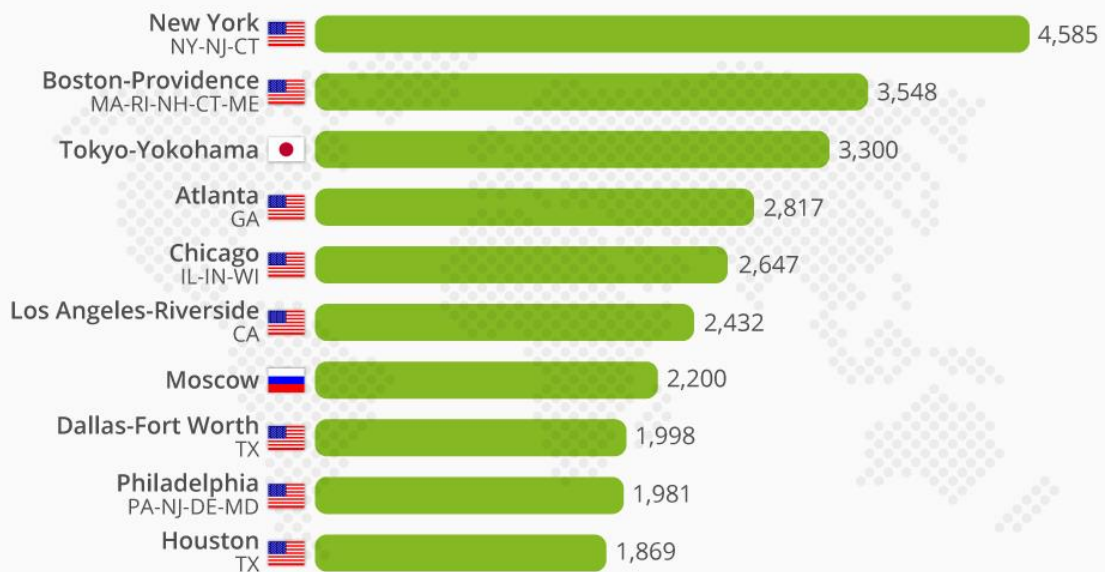


@StatistaCharts Source: UN Population Division

Forbes statista

The World's Largest Cities By Area

Urban areas by total land area in 2018 (square miles)



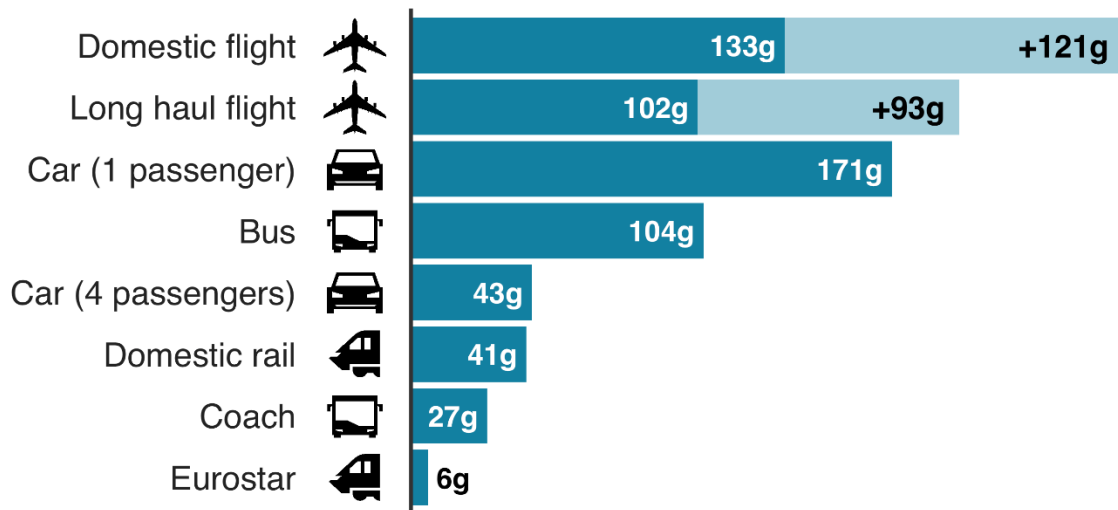
@StatistaCharts Source: Demographia

statista

Emissions from different modes of transport

Emissions per passenger per km travelled

■ CO2 emissions ■ Secondary effects from high altitude, non-CO2 emissions



Note: Car refers to average diesel car

Source: BEIS/Defra Greenhouse Gas Conversion Factors 2019

BBC

The Worst Offenders For Air Travel Emissions

Estimated global share of commercial air travel CO₂ emissions in 2018

